



Year 9 – Health & Social Care – Spring Term 2 – KNOWLEDGE OVERVIEW

Subject: Health and Social Care							
Year group: 10		Unit: Component 3 – External Exam		Date (from and to):			
Weeks	Big question / concept:	Learning intentions:		Resources			
				Offline:	Online including links on how to access these:		
Wk 1	<p style="background-color: #ff00ff; display: inline-block; padding: 2px;">Life Stage growth and development – Early Adulthood Activities 1-4</p> PIES- Physical development Intellectual development Emotional development Social Development	Life Stages		Student Handbook-Health and Social Care		Watch recorded video explaining technique. Tip: Pause the video after each activity and attempt the question	
			Early Adulthood				
		Activity 1	Physical development in Early Adulthood	Activity 1	Page 14,15,16&17		
		Activity 2	Intellectual development in Early Adulthood	Activity 2	Page 14,15,16&17		
		Activity 3	Emotional development in Early Adulthood	Activity 3	Page 22,23,26&27		
Wk 2	<p style="background-color: #00ffff; display: inline-block; padding: 2px;">Life Stage growth and development – Middle Adulthood Activities 1-4</p>	Life Stages		Student Handbook-Health and Social Care		Watch recorded video explaining Tip: Pause the video after each activity and attempt the question	
		Activity 4	Social development in Early Adulthood.	Activity 4	Page 22,23,26&27		
		Activity 1	Physical and Intellectual development in Middle Adulthood to include the menopause.	Expected and Unexpected life events- How do different people react to an event?	Page 14,15,16&17		

		Activity 2	Emotional and Social development in Middle Adulthood	Complete slide 7	Page 22,23,26&27	
Wk 3	Life Stage growth and development – Later Adulthood Activities 1-4	Life Stages		Student Handbook-Health and Social Care		Watch recorded video explaining technique Tip: Pause the video after each activity and attempt the question
		Activity 3	Physical and Intellectual development in Later Adulthood	Complete slide 8&9	Page 14,15,16&17	
		Activity 4	Emotional and social development in later Adulthood.		Page 22,23,26&27	
		Activity 1	Physical factors that influence development Genetic inheritance Disease and illness	Work through the slides complete the tasks	Page 28&29	
		Activity 2	Lifestyle choices – the decisions made and how they can affect growth and development	Work through the slides complete the tasks	Page 30	
Wk 4		Life Stages		Student Handbook-Health and Social Care		Watch recorded video explaining technique.
		Activity 3	How your appearance can influence your growth and development	Work through the slides complete the tasks	Page 31	
		Activity 4	Relationship changes through Adult life stages.	Identify the different possible changes write down the effects and answer the questions.	Page 44&45	

		Activity 5	Life circumstances and how they affect growth and development	Complete the table identifying positive and negative effects	Page 46&47	
Wk 5	Types of support Activities 1-3	Changing life events and adapting to change		Student Handbook-Health and Social Care		
		Activity 1	Dealing with life events and adapting to change.	Read the case study and identify the events and changes then answer the questions.	Page 48-51	
		Activity 2	Types of support and where to find it.	Complete the table.	Page 52&53	
		Activity 3	Types of formal and informal support and how it can help.	Identify different types and complete the mind map.	Page 54-61	