



## Year 11 Health & Social Care - Knowledge Overview – Spring 1

Subject: Health and Social Care						
Year group: 11		Unit: Component 3 – External Exam		Date (from and to):		
Weeks	Big question / concept:	Learning intentions:		Resources		
				Offline:		Online including links on how to access these:
Wk 1 4.1.2021	Practice Assessment 1 – Activities 1-4	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 1-4  Tip: Pause the video after each activity and attempt the question  Use the “prepare”  Read through the “watch out”
		<b>Annotate Scenario (pg1)</b>	Assessing Health and Wellbeing of Suzie.	Understanding Scenario	Pages 5,6,12,13&48	
		<b>Activity 1</b>	Explain 2 positive physical factors and 1 positive economic factor (pg2) & 2 social negative factors and 1 emotional negative factor(pg3)	Activity 1	Pages 1,7,17,18 & 50 Use the Hints.	
		<b>Activity 2</b>	Additional information to the scenario to annotate with effects on health and wellbeing.	Activity 2	Pages 1,4,12,14,16,20 & 51	
		<b>Activity 3</b>	Physiological data to interpret and identify current & Future physical health(pg5,6&7)	Activity 3	Pages 6,9,21,23,25,27,52,54 & 56 Use the Hints & Learn it on page 9.	

Wk 2 11.1.2021	Practice Assessment 1 – Activities 5-7	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 5-7  Tip: Pause the video after each activity and attempt the question  Use the “prepare”
		Activity 4	Annotate Suzie’s needs, wishes and circumstances to design a health and wellbeing improvement plan (pg8&9)	Activity 4	Pages 5,6,7,9,14,27,28,33,34,35,36,37,38,42,43, &58  Use the Hints	
		Activity 5	Explaining your recommended health improvement plan (pg11&12)	Activity 5	Pages 29,30,31,57 & 59  Use the “prepare”, “Hint”, “Learn it” and “prepare”.	
		Activity 6	Describe possible obstacles the service user may encounter (pg13&14)	Activity 6	Pages 39,40,41,42,43,44,45,46 & 60	
Wk 3 18.1.2021	Practice Assessment 2 – Activities 1-4	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 1-4  Tip: Pause the video after each activity and attempt the question  Use the “prepare” and “Learn more” tips
		Annotate scenario (pg15)	Assessing Health and Wellbeing of Muhammad.(pg15) Read the “explore” to assist annotation.	Understanding scenarios	Page 48	
		Activity 1	Explain 2 positive environmental factors and 1 positive physical factor (pg16) & 2 negative emotional factors and 1 negative cultural factor(pg17)	Activity 1	Pages 1,12,13,14,49 & 51	
		Activity 2	Additional information to the scenario to annotate with effects on health and wellbeing. (pg18)	Activity 2	Page 14	
		Activity 3	Physiological data to interpret and identify current & Future physical health(pg19,20,21&22)	Activity 3	Pages 6,10,23,24,26,54,55,52, 54 & 56	

Wk 4 25.1.2021	Practice Assessment 2 – Activities 5-7	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 5 -7  Tip: Pause the video after each activity and attempt the question  Use the Hints.
		Activity 4	Annotate Muhammad's needs, wishes and circumstances to design a health and wellbeing improvement plan (pg23,24&25)	Activity 4	Page 6,7,10,26,28,29,33,34,35,36,37,38,43,57&58  Use all the "Hints" on these pages.	
		Activity 5	Explaining your recommended health improvement plan (pg26&27)	Activity 5	Pages 29,30,31,57&59  Use the "prepare", "Hint", "Learn it" and "prepare".	
		Activity 6	Describe possible obstacles the service user may encounter (pg28&29)	Activity 6	Pages 39,40,41,42,43,44,45,46&60	
Wk 5 1.2.2021	Practice Assessment 3 – Activities 1-4	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 1-4  Tip: Pause the video after each activity and attempt the question
		Annotate Scenario (pg30)	Assessing Health and Wellbeing of Carl.(pg15) Read the "explore" to assist annotation.	Understanding scenarios	Page 1,5,6,9,10,12,13,16,17&18	
		Activity 1	Explain 2 positive social factors and 1 positive economic factor (pg16) & 2 negative physical factors and 1 negative environmental factor(pg17)	Activity 1	Pages 1,6,7,8,9,17&49	
		Activity 2	Additional information to the scenario to annotate with effects on health and wellbeing. (pg33)	Activity 2	Page 1,12,13,14,30,31,49&51  Use all the "Hints" on these pages.	
		Activity 3	Physiological data to interpret and identify current & Future physical health(pg 34,35&36)	Activity 3	Pages 6,9,10,21,24,25,26,27,52,55&56  Use all the "Hints" and "prepare" on these pages.	

Wk 6 8.2.2021	Practice Assessment 3 – Activities 5-7	Practice assessment +		Revision Guide –Health and Social Care		Watch recorded video explaining technique for activities 5-7  Tip: Pause the video after each activity and attempt the question
		Activity 4	Annotate Carl’s needs, wishes and circumstances to design a health and wellbeing improvement plan (pg37,38&39)	Activity 4	Pages 5,6,9,10,26,27,30,31,32,33,34,35,36,37,38,57&58  Use the “prepare”, “Hint”, “Learn it” and “prepare”.	
		Activity 5	Explaining your recommended health improvement plan (pg40741)	Activity 5	Pages 29,30,31,57&59	
		Activity 6	Describe possible obstacles the service user may encounter (pg42&43)	Activity 6	Pages 39,40,41,42,43,44,45,46&60  Use all the “Hints” on these pages.	