

STAY SAFE

C Children
O Online are
V Vulnerable to
I Internet
D Dangers

Are you worried about something that someone is asking you to do online?

Are you concerned about someone you know who has been harmed or might be at risk online?

If the answer is yes to either of these questions, don't worry. **WE CAN HELP.**

Marie Collins Foundation has specialists who work with young people to help them to recover from online abuse. Contact us at: help@mariecollinsfoundation.org.uk



If you're at risk now, dial **101** to report or **999** in an emergency.