



# Westborough High School

Together We Succeed

<b>Name:</b>	<b>Sex &amp; Relationship Education Policy</b>
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<b>Person Responsible:</b>	A Du Quesnay
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<b>Type</b>	Statutory
<b>Approval by</b>	Headteacher
<b>Review cycle</b>	Annual
<b>Approval Date</b>	Spring 2017
<b>Review Date</b>	Autumn 2017

<b>Notes:</b>
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# **SEX & RELATIONSHIP EDUCATION POLICY**

## **Aims**

Sex and Relationships Education aims to help students to develop knowledge, skills and understanding about the value of loving, diverse and stable relationships along with developing an understanding of their own sexuality and sexual health. The aim is to help young people lead confident, healthy lives to enable them to be active citizens with due regard to the value of family life in all its forms. The aims of this policy are to:

- Prepare students to progress from adolescence to adulthood with an awareness of the rights of others and develop the capacity to make choices in a caring and sensitive manner.
- Enable students to conduct personal relationships with a full understanding of the meaning of responsibility.
- Enable students to conduct their lives with confidence knowing their own legal rights.

## **Organisation and Delivery**

1. Sex and relationships education is part of a planned, cohesive and coherent Health Education Programme, delivered in all years from Year 7 to Year 11. Students will receive SRE through their form time sessions which takes place once a week. Some aspects are also addressed in Science (KS3 and KS4, Attainment Target 2) and in other curricular areas including key stage 3 enterprise and ethics lessons and assemblies where appropriate.
2. All students within the school have equal access to sex and relationships education. Topics are revisited in order to allow provision for previous absence and different levels of understanding and maturity. The programme allows teachers to adapt materials and approaches to suit students of different learning abilities.
3. Teachers and all those contributing to sex and relationships education will work within an agreed values framework as set out in this policy and where appropriate receive training.
4. Curriculum enrichment days add to the opportunities pupils get for sex and relationships education. During these days the school nursing team deliver sessions to key stage 4 pupils covering a variety of topics related to sex and relationships education.

## Content

Year 7	Year 8	Year 9
British Values/PREVENT	British Values/PREVENT	British Values/PREVENT
Cultural Diversity	Cultural Diversity	Cultural Diversity
Drugs Education	Drugs Education	Drugs Education
Emotional Wellbeing	Emotional Wellbeing	Emotional Wellbeing
Literacy	Literacy	Careers
Religious Education	Religious Education	Religious Education
Sex Education	Sex Education	Sex Education
Key Skills	Careers	
Year 10	Year 11	
British Values/PREVENT	British Values/PREVENT	
Citizenship	Citizenship	
Drugs Education	Drugs Education	
Emotional Wellbeing	Emotional Wellbeing	
Careers	Careers	
Religious Education	Religious Education	
Sex Education	Sex Education	
Careers		

### **Please note:**

**Child Protection** - Disclosures on matters relating to child sexual abuse are dealt with in the School Child Protection Policy.